

because you care Community Update

stratfordperthhospice.ca NOVEMBER 2018

A Daughter's Story

My mother had been ill for at least two years and had always wanted to pass away at home but a fall prevented that option. Mom spent three weeks in the hospital and then we as a family had to decide how we were going to care for her. We decided on Hospice Care and chose Sakura House.

The staff and volunteers were amazing. Everyone was very kind and welcoming. The beds and wheelchairs can move throughout the building and even outside. We took Mom to the sitting room to enjoy the sunshine and in a wheelchair or her bed outside for walks to enjoy the nice weather and the lovely gardens.

We were also able to bring in a warm meal that we ate at the kitchen table with my brothers, our spouses and Mom and Dad. Mom was even allowed a small glass of wine...which she thoroughly enjoyed.

The rooms have a very homey feel. Something as simple as quilts and sheet sets on the beds give a warm feeling. There are no monitors or machines in the rooms like in a hospital room. You can bring in things to make it feel like home, like pictures or special keepsakes.

Mom did not have a pet but we did see other patients with their pets there to comfort them.

A priest visited
Mom on a
regular basis
and there were
therapists and
volunteers available
for patients and family
to talk with.

Patients are able to die with dignity and not suffer in pain. Pain can be kept to a minimum.

I will never regret my Mom going to hospice rather than passing away at home. When she was at home, I was always busy cleaning her, cooking for her, running errands, cleaning house, and looking after her.

In the hospice, I was able to just spend time with her and be her daughter.
We lay in bed together and watched TV, looked at photo albums, told stories, laughed and cried. I will never forget those last six weeks we spent together.

Pat Wouters, daughter, volunteer, campaign donor



Help us build a home, because dying is a part of life...

The walls are up and the roof is going on the 17,000 square foot Stratford Perth Rotary Hospice!

Located in a residential setting behind Greenwood Court in Stratford, the 10-bed hospice will provide a home-like setting with open courtyards, a kitchen and dining room for gathering, family and reflection rooms, and windows that open to let nature in. It will become a resource for anyone in Perth County facing life threatening illness, the end of life, or grieving a loved one.

The Because You Care Capital Campaign goal is \$8.5 million. This financial goal includes the construction of the new facility, plus medical equipment and furnishings. To date, thanks to tremendous community support, over \$7.4 million has been raised! Be part of a legacy of caring, help us build a home that cares.

For more information please contact:

Lucie Stuart, Fundraising Manager

519-276-3322 | lstuart@stratfordperthhospice.ca

"When my husband of 63 years was dying I could no longer care for him at home, as I had hoped. Moving him into hospice in our community was a smooth, easy transition. The staff knew exactly what they were doing, and everything we needed was right there. Our daughters slept in the sofa bed while I slept in the reclining chair next to John. It was comforting to know we could be there, and it allowed him the peaceful, dignified end of life that he so deserved."

Marie, Wish List campaign donor



how you can help A hospice is more than bricks and mortar

Tiospice

It's the time spent with family and friends, living life to the fullest right up until the final day. It's the pull-out sofa bed Marie's daughters used every night for their father's last days. It's the dinner table Pat's family gathered around one last time with her mother.

Give the Gift of Comfort & Care

By designating your donation towards a much-needed piece of furnishing or equipment (listed below), you are ensuring those in our community facing life threatening illness, the end of life, or grieving a loved one are comforted and cared for at their most vulnerable time.

ROOM FURNISHINGS

| QTY NEEDED | \$ PER ITEM | | | | |
|--|--|--|--|--|--|
| 10 | \$18,500 | | | | |
| 10 | \$2,000 | | | | |
| nir 10 | \$1,500 | | | | |
| 10 | \$1,200 | | | | |
| Smart TV 10 \$1,000 for watching television, connecting via Skype, or enjoying music | | | | | |
| e 10 | \$250 | | | | |
| 10 | \$200 | | | | |
| unlimited | d \$100 | | | | |
| | 10 10 iir 10 10 television, contenjoying musice 10 | | | | |

All donors will be recognized on our website listing, and donors of \$5,000+, received by March 31 2019, will be included on the capital campaign donor wall.

COMMON AREA FURNISHINGS

| ITEM | QTY NEEDED | \$ PER ITEM |
|--|-------------|-------------|
| Dining Table | 1 | \$1,500 |
| Dining Chairs for gathering for a meal tog | | - |
| Sofa | 3 | \$1,500 |
| Bistro Table | 5 | \$800 |
| Occasional Ch | nair 14 | \$600 |
| Coffee Table | 2 | \$450 |
| Bookcase | 3 | \$250 |
| Pantry Suppli | es unlimite | d \$25 |

For more information please contact: Lucie Stuart, Fundraising Manager 519-276-3322 | Istuart@stratfordperthhospice.ca

Below is a sampling from our Wish List.
To see the complete list visit our website
stratfordperthhospice.ca

EQUIPMENT & SUPPLIES

| ITEM | QTY NEEDED | \$ PER ITEM |
|-----------------------------------|------------|-------------|
| Spa Tub | 1 | \$20,000 |
| Shower Chair | 1 | \$10,000 |
| Warming cabi | net 1 | \$10,000 |
| Tub chair & lift | : 1 | \$9,000 |
| Portable Lift includes six sli | 1 ngs | \$4,825 |
| Therapy Chair | 2 | \$3,600 |
| Mobile Work C | Centre 1 | \$475 |
| Wheel Chair | 2 | \$250 |
| | | |

Donations can be made securely on our website at **stratfordperthhospice.ca**

DONATION FORM

| Qty: | Item: | | \$ | |
|---|--|---------------------|----------|-------|
| Qty: | Item: | | \$ | |
| I would like to make a general donation to the Capital Campaign | | \$ | | |
| | | | | |
| Tax rece | ipts will be issued for all donations of \$20 or more | Total Donation | \$ | |
| | ipts will be issued for all donations of \$20 or more or Name: | Total Donation | \$ | |
| | or Name: | Total Donation Prov | <u> </u> | Code: |

 Payment by credit card □ Visa □ Mastercard
 Card no:
 Exp: / CVV:

☐ Payment by cheque Please make cheque payable to Stratford Perth Hospice Foundation

| acknowledgement card: | | | |
|-----------------------|-------|--|--|
| Name: | | | |
| Address: | | | |
| Prov: | Code: | | |

☐ This gift is in honour of a friend/

Please mail this form with payment to: Stratford Perth Hospice Foundation P.O. Box 250004, Huron Street Station, Stratford, ON N5A 0B4